

Annapolis Substance Abuse Prevention Coalition

Meeting Minutes
September 19, 2017

Opening

The regular meeting of the Annapolis Substance Abuse Prevention Coalition was called to order at 12:00 pm on September 19, 2017 at the Annapolis Police Department by ASAP coalition members.

Present

Total: 29 Attendees

Approval of Agenda

The agenda was unanimously approved as distributed.

**Meeting Agenda Attached*

Approval of Minutes

All attendee's approved August 2017 Coalition Meeting Minutes.

Meeting Discussion

12:00 – 12:15pm: Welcome/Happy 1st Anniversary

HAPPY 1 YEAR ANNIVERSARY ASAP! Coalition looked back at the past year and the progress that ASAP has made, the relationships ASAP has built, the community events ASAP has attended, the team behind the scenes, and gaining our ASAP Chair, Jerry Sutton. Most importantly, ASAP has built capacity as far as members of the coalition who are not only dedicated, knowledgeable, but passionate about what we do as a coalition.

ASAP has delivered 40-50 alcohol compliance awards in the Annapolis area, attended 7 out of the 8 National Night Out Events, been heavily involved with the Opioid Misuse Prevention Program (OMPP), and visited doctor offices and pharmacists to provide them with useful and educational materials they could provide to their clients to help educate the community about opioids and prescription medications.

12:15 – 12:20 PM: Introductions

Each member introduced themselves and the organization they affiliate with.

12:20 – 12:35 PM: Peer Support Needs, Certifications, & Roles (LaToya Nkongolo)

CERTIFIED PEER RECOVERY SPECIALIST (CPRS) - ANNE ARUNDEL COUNTY NEEDS MORE SPECIALIST!

A Certified Peer Recovery Specialist (CPRS) provides support for individuals who are suffering from mental health and substance abuse addictions. A CPRS is NOT a sponsor, case manager, clinical counselor, clergy, or therapist. A good way to view a peer support specialist is as a “big brother”.

There are certain knowledge areas and skills that are required to provide effective peer recovery support services to individuals living with behavioral health disorders. Certified Peer Recovery Specialists must demonstrate the ability to provide effective services including advocacy, mentoring, education, recovery support, and engage in ethical responsibility. In addition, a CPRS must provide services with whom they have experiential expertise, and be knowledgeable of the integrated services provided by the behavioral health systems.

The Anne Arundel County Health Department has on average 60 peers and 12 Peer Support Specialists. Peers are present at all Anne Arundel County treatment facilities, the safe stations program, and hospitals specific to overdoses and the Opioid Epidemic.

CERTIFICATION REQUIREMENTS

- A minimum of a high school diploma or GED, verified via transcript.
- Forty-six (46) hours of specialized trainings. These trainings may include a concentration on substance use disorders, mental health, co-occurring disorders, or trauma-informed care. Overall training will involve integrated care.
- The applicant must document two (2) years sustained recovery.
- Five Hundred (500) hours of specific paid or volunteer peer recovery support experience in a clinical or community setting (inpatient, outpatient, residential, community or outreach) in the last two years is required. Five Hundred (500) hours equals three months of full-time (40 hours per week) work. Experience does not have to all occur in one setting, but it must occur in the context of working with peers with behavioral health or recovery support issues, coincide with the performance domains, and be documented by a supervisor. Experience may be concentrated in any of the following: substance use, mental health, co-occurring disorders, or trauma-informed care. **A Peer Support Specialist, in training, must be supervised by a Registered Peer Supervisor (RPS), which is described and discussed below.**
- Applicant must be currently performing direct peer recovery work, either paid or unpaid, in an approved setting at the time the application is submitted.

*AACo Health Department is currently working on providing peer support for gambling addiction and for adolescents.

ANNE ARUNDEL COUNTY NEEDS HELP PLACING VOLUNTEERS TO MEET THEIR 500 HOUR REQUIREMENT!

If you are interested in placing and utilizing an “in training” Peer Support Specialist, you must complete the *Supervising Peer Recovery Specialist* training.

REGISTERED PEER SUPERVISOR (RPS) - ANNE ARUNDEL COUNTY NEEDS MORE SUPERVISORS!

The supervisor may or may not have a personal lived experience, but is familiar with the peer recovery specialist's job tasks and requirements. This is a non-reciprocal credential offered at the state level.

There are certain knowledge areas and skills that are required to provide effective peer supervisor services to workers helping individuals living with behavioral health disorders. Registered Peer Supervisors must demonstrate the ability to provide effective supervision and model behavior and ethics for the peer recovery specialist. In addition, Registered Peer Supervisors must provide supervision within their area of expertise, yet be knowledgeable of the integrated services provided by the behavioral health systems.

The Supervising Peer Recovery Specialist training costs \$60.00 and takes 1 day as it's a 6-hour training.

**Upcoming Training Flyers Located at Link: <https://mapcb.wordpress.com/cprs/>*

Please visit the website to access the Peer Requirements and Manual: Maryland Addictions Professionals Certification Board for more detailed information:

<https://mapcb.wordpress.com/cprs/>

If you're interested in Contact Adeline Webber: Hdnkon22@aacounty.org or admin@mapcb.com

Please forward this information to anyone you may know could help us out! The Anne Arundel County Health Department wants to create a collaborate effort to partner as a community!

12:35 – 12:55 pm: Capacity Building

WE MUST BUILD OUR CAPACITY REGARDING YOUTH

How to get youth involved: Tasks that they can be more involved. ASAP's focus is our youth. Host an athletic event. Another member suggested a perfect time to host an event is basketball season. Tyquan Thompson at the health department would be interested in helping with the event.

Part of prevention for our youth is keeping them busy.

ASAP LOGO - We must get a logo for ASAP! Asked coalition if anyone has any ideas of what our logo should be. Holly's daughter is a graphic designer and Newton also offered to reach out to his graphic designer and put together some ideas.

Darin suggested that we ask all members to provide a slogan/ "Tag Line" for ASAP. He also suggested that we utilize our youth for a logo creating contest. Or we could hold a fundraising event and do a poster contest among all aged students to involve families.

Evening Meetings – We will be beginning ASAP evening meetings in 2018. We are anticipating beginning the evening meetings in January. CHECK WITH APD/PATTI NORRIS ABOUT AVAILABILITY DATES. Right now, tentatively we have them mapped out for quarterly meetings. If our attendance is a success at our evening meeting, we will revisit having them quarterly. Evening Meetings will open the opportunity for more community members to attend and become involved.

Outreach Committee – Passed around an Outreach Committee Sign Up Sheet. Outreach Committee would come to community events and help run our event table and reaching out to get community members and youth to join our coalition and come to the next ASAP meeting.

12:55 – 1:20 pm: Updates and Discussions

MSPF 2

Binge Drinking Awareness Campaign “Most of Us”

Heather presented the Community News Release for the Most of Us Binge Drinking Campaign. Shared the campaign ASAP will take a part of to help raise awareness for binge drinking. Most people do not know the definition of binge drinking and we want to educate individuals about what binge drinking means.

Amy Miguez shared that APD does the “Know Your Limit” campaign and she also suggested utilizing snapchat and purchasing a filter to use during big “drinking” events that take place in downtown Annapolis. Shared that colleges have been using filters to raise awareness for safe drinking.

Does ASAP want to utilize the Most of Us Binge Drinking Campaign or possibly partner with the police department in the Know your Limit Campaign?

We do not have a measure as far as how the Most of Us campaign has impacted our community regarding the awareness of the definition of binge drinking (as outlined in our strategic plan based on data collection). We do believe, on feedback from the community, “Parents Who Host” Campaign has been

Patti Norris offered that they could also push the campaign through their daily reports.

Kelley Lyons (Caron – sat next to me) offered to push the campaign in Anne Arundel Public Schools.

ASAP Needs Assessment

ASAP will be meeting with the state on Wednesday, September 20th to move forward with the needs assessment. ASAP’s strategic plan has been completed, but will require updates after meeting with the state.

OMPP (Opioid Misuse Prevention Program)

We are currently in the process of delivering prescriber folders and educational materials to pharmacists. We have also presented to different community organizations about opioid misuse and prevention strategies.

1:20 – 1:30 PM: Closing Thoughts / Upcoming Events / CAKE!

Not My Child

Wednesday | August 16, 2017 | Odenton Regional Library | 6:30 pm

Wednesday | August 23, 2017 | Severna Park Library | 6:30 pm

Wednesday | September 6, 2017 | Riviera Beach Library | 6:30 pm

Thursday | September 21, 2017 | Southern District PCRC | 7:00 pm

Tuesday | September 26, 2017 | Glen Burnie Church of the Nazarene | 7:00 pm

Wednesday | September 27, 2017 | Broadneck High School | 5:30 pm

Thursday | October 5, 2017 | Southern Middle School | 7:00 pm

Wednesday | October 11, 2017 | St. Elizabeth Ann Seton Church | 7:00 pm

Community Events

Strengthening Families Program Facilitator Training | St. Philip's Episcopal Church

August 23, 2017 | 9:00-3:00 pm | August 24, 2017 | 9:00-4:00 pm

Free | Light Breakfast and Lunch Included | 730 Bestgate Road, Annapolis, MD 21401

Contact: Darin Ford: hdford88@aacounty.org | 410-222-6724

Recovery Walk | September 23, 2017 | Stanton Center | Registration: 11:00 AM/Walk: 12:00 PM

Address: 92 West Washington Street, Annapolis, MD 21401

The next **ASAP COALITION MEETING** is on **October 17, 2017** at 12:00 PM – 1:30 PM at the Annapolis Police Department in the Education & Training Room. Address: 199 Taylor Avenue, Annapolis, MD 21401.

***There is EXTRA parking in the parking garage to the left of the APD building.**

Adjournment

Meeting was adjourned at 1:30PM by ASAP coalition members.

Minutes submitted by: Izelle Van Zuylen

ASAP Coalition

(Annapolis Substance Abuse Prevention)

Meeting Agenda

September 19, 2017

Annapolis Substance Abuse Prevention (ASAP) facilitates healthy community change to reduce alcohol and opioid use among youth and young adults through locally led collaborations and evidence-based prevention strategies.

- 1. Welcome/Happy 1st Anniversary** – Angel Traynor, ASAP Coordinator
- 2. Introductions** - Jerry Sutton, ASAP Chair
- 3. Capacity Building** – Jerry Sutton, ASAP Chair
 - a. Logo**
 - b. Evening meetings – Quarterly**
- 4. Updates and Discussions** - Angel Traynor, ASAP Coordinator
 - a. MSPF 2/Social Campaign “Parents Who Host”** – Heather Eshelman
 - b. Needs Assessment** – Heather Eshelman
 - c. OMPP** – Angel Traynor
 - d. Peer Support** – LaToya Nkongolo
- 5. Closing thoughts** – Jerry Sutton

Next ASAP Meeting

Tuesday | October 17, 2017 | 12 - 1:30 pm

Annapolis Police Department | Training & Education Room

199 Taylor Avenue, Annapolis, MD 21403

***There is EXTRA parking in the parking garage to the left of the APD building.**
(Light Lunch will be served)

The Prevention Coalitions of Anne Arundel County

Northern Lights Against Substance Abuse (NLASA)	Western Anne Arundel County Prevention Coalition (WASP)	South County Bridges to a Drug Free Community
October 13, 2017 / 12 - 1:30 pm	October 3, 2017 6:30-8:30pm	October 6, 2017 / 12 - 1:30 pm
Eastern District Police Station	Kingdom Kafe	Southern District Police Station
204 Pasadena Road Pasadena, MD 21113	1350 Blair Drive Odenton, MD 21113	35 Stepneys Lane Edgewater, MD 21037
Lunch Served	Light Snack	Lunch Served

UPCOMING COMMUNITY EVENTS

Not My Child

- September 21, 2017 - 7:00 PM - Southern District PCRC
- September 26, 2017 - 7:00 PM - Glen Burnie Church of the Nazarene
- September 27, 2017 - 5:30 PM - Broadneck High School
- October 5, 2017 - 7:00 PM - Southern Middle School
- October 11, 2017 - 7:00 PM - St. Elizabeth Ann Seton Church
- November 2, 2017 - 5:30 PM - Anne Arundel Medical Center/ Doordan Institute
- November 8, 2017 - 7:00 PM - Chesapeake Bay Middle School

All Other Events

- **Saturday, September 23, 2017** Recovery Walk Doors open at 11 for registration, Walk is at 12. More info at www.recoveryannearundel.org
- **Saturday, September 23, 2017** Crossroads Celebration, Sponsored by Mt. Zion United Methodist Church, 122 Bayard Road, Lothian 20711. Benefit for South County Bridges to a Drug Free Community
- **Sunday, September 24, 2017** Swing for Recovery, Softball game between Circuit Court Drug Court Alumni and the Sheriffs Dept. 1pm Truxton Park Ballfield by the Pool

- **September 29, 2017**, SADD Symposium, 8:00 - 12:30 PM
AAMC Belcher Pavilion, Doordan Institute, 7th floor. Contact Heather Eshleman
- **Friday October 6, 2017** Columbian Center Ritchie Highway 6pm Dysfunctional Players – Willy Bonkers and the Booze Factory, \$20.00 includes play and spaghetti dinner.
- **Wednesday October 11, 2017** Opioid Town Hall Meeting St Paul’s Anglican Church, Crownsville MD. 6:30 pm, Keynote speaker Boyd Rutherford
- **Saturday, October 28, 2017** National Drug Take-Back Day 10:00 AM- 2:00 PM
- **November 8, 2017** PCRC Western District, OMPP presenting
- **November 16, 2017** Police Over Service Training

AASAP